

**CHANGE4GOOD  
10 Week Weight Loss & Wellness Program  
GROUP REGISTRATION FORM**

Name: \_\_\_\_\_ Email address: \_\_\_\_\_

Telephone: (Day) \_\_\_\_\_ (Evening): \_\_\_\_\_

Address (work or home): \_\_\_\_\_ Postal Code: \_\_\_\_\_

**Program Fees:**

10 or more participants:

I am registering for the **CHANGE4GOOD 10 Week Weight Loss & Wellness Program**: \$295.00 + HST = **\$333.35**

5 to 9 participants:

I am registering for the **CHANGE4GOOD 10 Week Weight Loss & Wellness Program**: \$395.00 + HST = **\$446.35**

*Please make cheque(s) payable to Lauren Jawno.*

**Please call Lauren (416) 523-1990 or email: [events@jawno.com](mailto:events@jawno.com) if you have any questions**

**Terms & Conditions:**

Payment in full must be received by Lauren Jawno two weeks prior to the first session. There is a \$15.00 charge for NSF or returned cheques. Should you wish to withdraw from the Lauren Jawno Program please call (416) 523-1990. Refunds will only be issued up until two weeks prior to the first session. To request a private consultation or personalized menu plan, please discuss arrangements with Lauren Jawno. A separate fee applies. Group sessions are precisely one hour per week.

**Supplementary Terms, Conditions and Health Notice**

1. The services provided by Lauren Jawno are at all times restricted to consultation on the subject of nutritional matters intended for general nutritional well-being and weight loss, and do not involve the diagnosing, prognosticating, treatment, or prescribing of remedies for any disease or illness, or any licensed or controlled act which may constitute the practice of medicine in this Province.
2. Lauren Jawno's programs are not to be used as a substitute for medical advice. We are not a medical organization nor do we provide medical advice. Any questions of a medical nature should be directed to your physician or other medical profession.
3. It is advised that you consult a physician or other medical professional before commencing any nutrition or weight loss program, particularly if you are pregnant, breastfeeding or have any physical conditions which may be affected by changes in nutrition and dietary regimens. As weight loss can create physical changes in the body, we recommend that you visit your physician or other medical professional regularly to monitor your weight loss.
4. Individuals who are pregnant or have a pace-maker should refrain from using the body-fat monitor.
5. When used as directed, the Lauren Jawno Program is intended to help healthy individuals lose weight in a safe and effective manner. Lauren Jawno does not warrant or make any representations regarding the use of the Lauren Jawno Program (including materials associated therewith) or the results obtained therefrom.
6. Any materials provided as part of Lauren Jawno programs are copyright of Lauren Jawno. Lauren Jawno hereby grants you a limited license to use such materials solely for your personal use. You are prohibited to reproduce such materials in any manner whatsoever or provide such materials to any third party without the express written consent of Lauren Jawno.
7. You agree to indemnify and hold harmless Lauren Jawno and representatives from any and all claims, liability, damages, losses and/or costs (including, but not limited to reasonable attorney fees and expenses) arising from your participation in the Lauren Jawno Program (including, without limitation, your violation of the terms hereof), including the use of the materials associated therewith.
8. You expressly understand and agree that Lauren Jawno shall not be liable for any direct, indirect, incidental, special, consequential, exemplary or punitive damages, or any other damages whatsoever (even if we have been advised of the possibility of such damages), arising out of, or resulting from the use of the Lauren Jawno Program (including, without limitation, the materials associated therewith). In no event shall our total liability to you for all damages, losses, and causes of action (whether in contract, tort – including, but not limited to negligence – or otherwise) exceed the amount paid by you, if any, for utilizing the Lauren Jawno Program. *If you are dissatisfied with any portion of the Lauren Jawno Program, your sole and exclusive remedy is the discontinuation of your participation in the Program.*

**I understand and accept the above terms and conditions and am signing voluntarily**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

416-523-1990

[jawno.com](http://jawno.com)

[events@jawno.com](mailto:events@jawno.com)